

Developmental Milestones Chart

By 6 Months	By 12 Months	By 18 Months
<p>Cognition:</p> <ul style="list-style-type: none"> ❖ Uses hands and mouth to explore objects ❖ Turns eyes and head to sound of hidden voice ❖ Localizes sound with eyes ❖ Find a partially hidden object <p>Communication:</p> <ul style="list-style-type: none"> ❖ Fixes gaze on face ❖ Responds to name by looking for voice ❖ Regularly localizes sound ❖ Coos, gurgles, chuckles, laughs ❖ Says a vowel-consonant combination such as “ah goo” <p>Socialization:</p> <ul style="list-style-type: none"> ❖ Social smile ❖ Vocalizes in response to adult talk and smile ❖ Demands social attention ❖ Vocalizes pleasure and displeasure ❖ Distinguishes mother from others <p>Daily Living Skills:</p> <ul style="list-style-type: none"> ❖ Reacts to sight of bottle or breast ❖ Comforts self with thumb or pacifier <p>Motor:</p> <ul style="list-style-type: none"> ❖ Lifts head and chest when lying on stomach ❖ Turns over when lying on stomach ❖ Holds head in line with body when pulled to sitting ❖ Bears almost all weight on legs ❖ Looks and reaches for faces or toys ❖ Picks up toy with one hand 	<p>Cognition:</p> <ul style="list-style-type: none"> ❖ Plays peek-a-boo ❖ Follows trajectory of fast moving objects ❖ Looks for family members or pets when named ❖ Retains two or three objects ❖ Turns head and shoulders to find hidden sound ❖ Imitates familiar and new gesture <p>Communication:</p> <ul style="list-style-type: none"> ❖ Initiates vocalization ❖ Different vocalizations for different states ❖ Recognizes familiar people ❖ Reciprocal social games (peek-a-boo, pat a cake) ❖ Imitates familiar sounds and actions ❖ Cries when parent leaves ❖ Reduplicative babbling (baba, mama) ❖ Attracts attention by vocalizing ❖ Shakes head “no” ❖ Waves “bye” ❖ Indicates requests clearly ❖ Coordinates actions between adults and objects <p>Socialization:</p> <ul style="list-style-type: none"> ❖ Reaches for familiar person ❖ Plays social games (peek-a-boo) ❖ Plays patty cake ❖ Shows anxiety over separation from mother ❖ Smiles at mirror image ❖ Extends toy to show others ❖ Explores environment ❖ Shows like and dislike for certain people, objects, places <p>Daily Living Skills:</p> <ul style="list-style-type: none"> ❖ Holds own bottle ❖ Feeds self a cracker ❖ Picks up spoon by handle <p>Motor:</p> <ul style="list-style-type: none"> ❖ Crawls around on hands and knees ❖ Goes from sitting to prone ❖ Lowers to sitting from standing ❖ Cruises, walks around furniture or crib while holding on ❖ Picks up small objects; precise thumb and finger grasp 	<p>Cognition:</p> <ul style="list-style-type: none"> ❖ Turns two or three pages at a time ❖ Identifies self in the mirror ❖ Identifies one body part ❖ Recognizes and points to four animal pictures <p>Communication:</p> <ul style="list-style-type: none"> ❖ Begins single word production ❖ Requesting objects, such as food, with words ❖ Uses ritual words: bye, hi, thank you, please ❖ Protests: says “no,” shakes head ❖ Comments: points to object and vocalizes <p>Socialization:</p> <ul style="list-style-type: none"> ❖ Gives kisses or hugs ❖ Greets people with “hi” ❖ Gives toy to familiar adult ❖ Displays independent behavior ❖ Displays frequent tantrum behavior ❖ Begins to show sense of humor ❖ Plays ball cooperatively ❖ Shows toy preferences <p>Daily Living Skills:</p> <ul style="list-style-type: none"> ❖ Indicates discomfort over soiled parts ❖ Lifts cup to mouth and drinks ❖ Feeds self with spoon ❖ Insists on doing things by self, such as feeding <p>Motor:</p> <ul style="list-style-type: none"> ❖ Stands without support ❖ Walks without help ❖ Runs ❖ Stacks two (2) or more blocks ❖ Picks up two (2) small toys in one hand

Developmental Milestones Chart

By 24 Months	By 30 Months	By 36 Months
<p>Cognition:</p> <ul style="list-style-type: none"> ❖ Points to several clothing items on request ❖ Matches sound to animals ❖ Matches object to picture ❖ Assembles four nesting blocks ❖ Identifies three body parts ❖ Recognizes self in photograph ❖ Uses Play-Doh and paints <p>Communication:</p> <ul style="list-style-type: none"> ❖ Uses mostly words to communicate ❖ Begins to use two-word combinations ❖ Uses word combinations with relational meanings (daddy show, more juice) ❖ Has at least 50 words ❖ Follows two-part instruction <p>Socialization:</p> <ul style="list-style-type: none"> ❖ Sometimes says “no” ❖ Shows sympathy for other children and tries to comfort ❖ Shows jealousy of attention given to others ❖ Shows a wide variety of emotions ❖ Engages in parallel play ❖ Defends possessions <p>Daily Living Skills:</p> <ul style="list-style-type: none"> ❖ Eats with fork ❖ Eats with spoon, spilling little ❖ Takes off front-opening jacket or shirt ❖ Removes shoes when laces undone ❖ Helps with simple household tasks <p>Motor:</p> <ul style="list-style-type: none"> ❖ Kicks a ball forward ❖ Runs well, seldom falls ❖ Walks up and down stairs alone, both feet on step ❖ Build towers of four or more blocks ❖ Turns pages of picture book, one at a time 	<p>Cognition:</p> <ul style="list-style-type: none"> ❖ Understands concept of one ❖ Recognizes familiar adult in picture ❖ Engages in simple make-believe activities ❖ Obeys two-part commands ❖ Matches shapes and colors <p>Communication:</p> <ul style="list-style-type: none"> ❖ Understands many action verbs ❖ Names most pictures of familiar objects <p>Socialization:</p> <ul style="list-style-type: none"> ❖ Plays with other children using dolls, cars, blocks ❖ Displays dependent behavior ❖ Frustration tantrums peak ❖ Dramatizes using doll ❖ Becomes aware of sex differences ❖ May develop sudden fears, especially of large animals <p>Daily Living Skills:</p> <ul style="list-style-type: none"> ❖ Understands common dangers: stairs, glass, strange animals ❖ Indicates need to use the toilet <p>Motor:</p> <ul style="list-style-type: none"> ❖ Opens doors by turning the knobs ❖ Climbs on play equipment ❖ Jumps from 8 to 14 inches ❖ Catches large ball ❖ Scribbles with circular motion ❖ Draws or copies vertical lines 	<p>Cognition:</p> <ul style="list-style-type: none"> ❖ Matches similar pictures of objects ❖ Sorts shapes ❖ Completes 3-piece puzzle ❖ Stacks rings in correct order ❖ Points to larger or smaller of two spoons ❖ Understands concept of two ❖ Sorts colors and points to several colors when named ❖ Identifies longer stick ❖ Understands all common verbs and come adjectives <p>Communication:</p> <ul style="list-style-type: none"> ❖ Engages in short dialogues ❖ Uses language in imaginative way ❖ Provides descriptive details ❖ Links unrelated ideas and story elements ❖ Begins to include articles and word endings ❖ Understands four prepositions <p>Socialization:</p> <ul style="list-style-type: none"> ❖ Role plays in pretend games such as: mom, dad, teacher ❖ Shows independence ❖ Begins to obey and respect simple rules <p>Daily Living Skills:</p> <ul style="list-style-type: none"> ❖ Pulls pants down with assistance ❖ Dresses self with help ❖ Pulls pants up with assistance ❖ Wipes nose with assistance ❖ Pours liquid from small container ❖ Uses toilet with assistance ❖ Washes and dries hands ❖ Buttons large buttons <p>Motor:</p> <ul style="list-style-type: none"> ❖ Stands on one foot without support ❖ Walks up and down steps, alternating feet ❖ Draws or copies vertical lines ❖ Cuts with small scissors